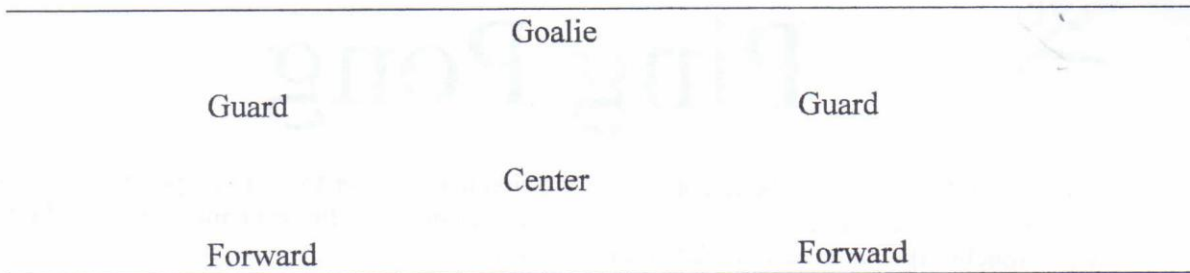


## Floor Hockey

1. Each team consists of six players.



## Volleyball

1. The net is 7 feet 41/4 inches high for women; 8 feet for men.
2. Only one trial serve is allowed per side and it must land within the opponent's court. A serve may come in contact with the net.
3. A team consists of six players.
4. A player may not hit the ball twice in succession. In playing the ball a player may use any part of the body.
5. The ball may be contacted a total of three times by a team before it is sent over the net.
6. A ball hitting the net and going over is still in play.
7. A ball touching a boundary line is good.
8. It is a foul to touch the net, reach over the net, reach under the net, or touch an opponent. It is a foul to step over the centerline.
9. A team can play the ball off of the ceiling, as long as the ball remains on their side of the court.
10. A high school game is played to 25 points, win by 2 points. (3 out of 5 games)
11. A college game is played to 30 points, win by 2. (3 out of 5 games)